

Activities instructions:

My Memory Box

Create your very own Memory Box to keep your special moments safe! Start by cutting out your box—ask an adult for help if you're unsure. Once it's cut out, decorate it however you like with stickers, drawings, or colourful paper, and don't forget to write your name on the top. Stick the pieces together to assemble your box, and then it's ready to fill! Write down your favourite memories on pieces of paper—things you're proud of, moments you're grateful for, or anything that makes you smile—and store them inside. You can also add keepsakes like a shell from the beach, tickets from a cinema trip, or small souvenirs from special days. Every time you open your Memory Box, you'll be reminded of all the wonderful memories you've collected!



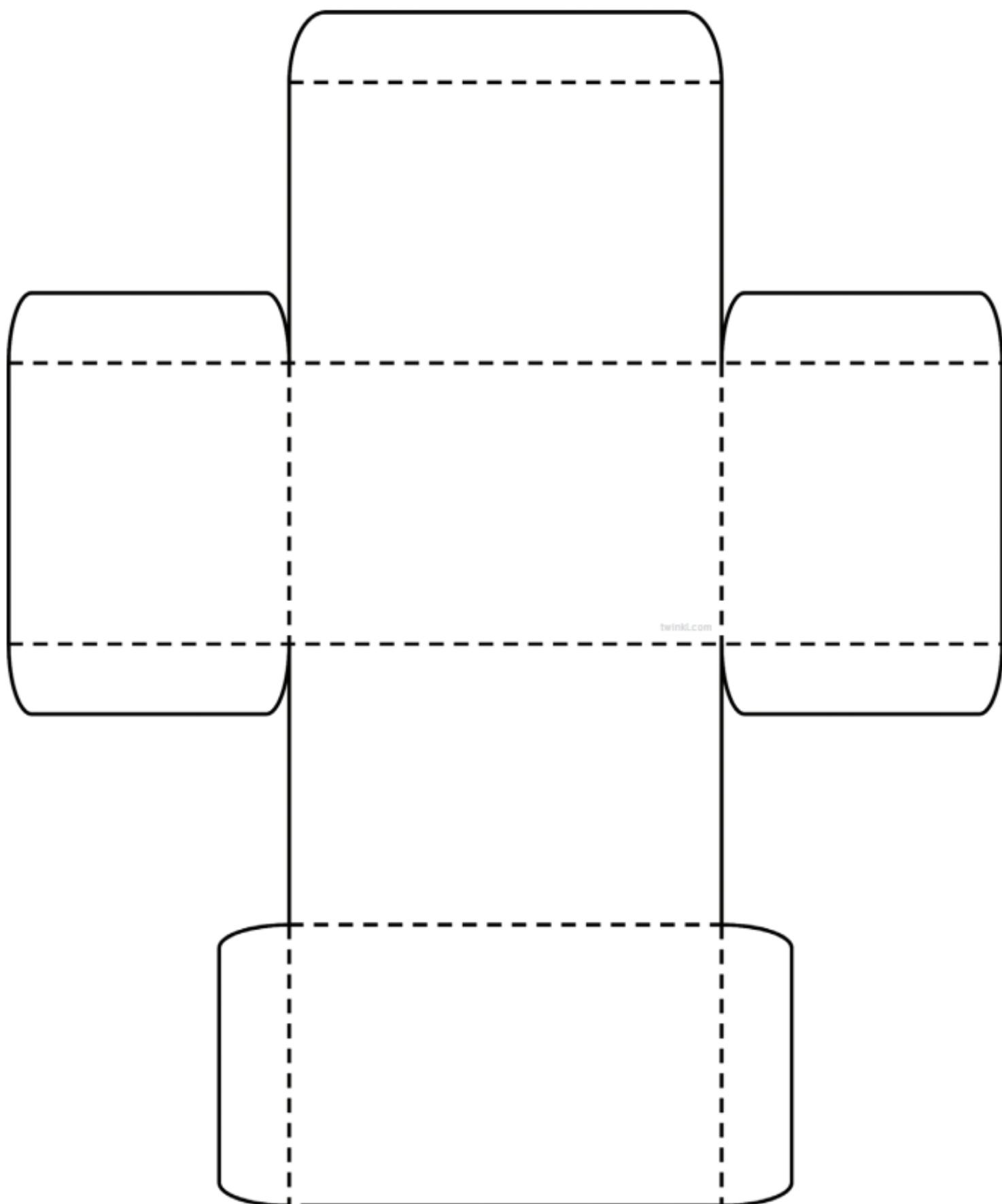
Personality Island

Take a moment to think about the things that make you unique. What do you enjoy doing? What is important to you? These are the things that shape who you are! Now, imagine creating your very own Personality Islands. In the five circles,, draw and design your islands. Each one will represent a special part of who you are.



For example, you might have a **Football Island** if you love playing football, a **Friendship Island** for spending time with your friends, a **Painting Island** if you enjoy being creative, or an **Honesty Island** to show how much you value being truthful. Be sure to label each island with its name and make them as colourful and exciting as you like! What will your Personality Islands look like?

My Memory Box



My personality islands

