



'Spurring each other on with love'

Personal Social Health and Economic (PSHE) Policy 2026-2028

Policy / Version Date	Summary of change	Governor adoption Date	Signed by the Chair	Next Review Date
1	Written using statutory guidance.	Spring Term 2024		Spring Term 2026
2	Reviewed by Personal Development team.	23rd April 2026		Spring Term 2028



'Spurring each other on with love'

'even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you. For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well'.

(Psalm 139:14)

Rationale

Personal, Social, Health and Economic Education (PSHE) provides the overarching framework for pupils' personal development at our school. Relationships, Sex and Health Education (RSHE) forms a statutory part of PSHE and is addressed in detail within the school's RSHE Policy, which is written in line with the DfE RSHE statutory guidance (effective September 2026). Together, the PSHE and RSHE policies ensure a coherent, progressive and values-led approach to pupils' wellbeing, relationships and personal development, rooted in our Church of England vision and our core values of Goodness and Mercy.

Our Programme of Study for PSHE (which is taken from the PSHE Association resources) aims to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking in the context of three core themes: health and wellbeing, relationships and living in the wider world (including economic wellbeing and aspects of careers education).

As a school, we have decided to use an enquiry-based model for the teaching of PSHE. Each week, the children will focus their learning on a big question that will help them to delve deeper into the topic that they are studying. This approach builds on the success of our enquiry based RE curriculum and its spiral approach to learning.

School Mission Statement

At Bickleigh Down C of E Primary School we aim to provide pupils with a safe, caring environment where every pupil is spurred on to reach their full potential in all aspects of school life.

We work hard to develop every pupil's confidence so that they become self-motivated, keen, articulate and caring young people.

The children are central to our community and we strive to give them the academic and life skills needed to flourish and 'live life in all its fullness' (John 10:10). To do this, we work closely with parents and value their opinions and support in nurturing the next generation of young pupils.

Our PSHE curriculum has been written to spur children on with love to understand themselves and who they are. As the Church of England's Vision states, we want children to have 'life in all its fullness'. Our PSHE curriculum helps children to understand themselves better (value of Spirit) so that they can spur others on towards love and good deeds. Our school vision, supported by core values sits as a reminder to all curriculum areas that we should hope for better for ourselves and each other, just as the writer to the Hebrews did.

Church of England - Vision for Education

Vision Statement - 'Life in all its fullness' - John 10:10

Core Christian Values - Wisdom, Hope, Community

School Vision

And let us consider how we may spur one another on toward love and good deeds.

Hebrews 10:24

Christian Values

Love, Forgiveness, Hope, Spirit and Aspiration.

Strapline: 'Spurring each other on with love'.

Policy Aims

Through the provision of PSHE at our school, we aim to:

- Provide a secure and caring environment within the school.
- Ensure every member of the whole school community shall have equality of opportunity, regardless of background, gender, ability, ethnicity, age, religion and disability.
- To foster children's development as individuals and to promote a positive sense of the self.
- Promote good relationships with others and an understanding of differences between people and their viewpoints.
- Provide opportunities to share and explore life experiences/emotions/difficulties.
- Equip pupils with the skills and attitudes to engage successfully and take responsibility for their learning.
- Encourage reflection about beliefs, choices and values.
- Ensure the Fundamental British Values are fully embedded, and children have a firm understanding of how and why these have a place in modern Britain.
- Promote a healthy and safe lifestyle.
- Provide opportunities, responsibilities and experiences that will prepare pupils for their adult life.
- Equip pupils with knowledge about the world in which we live; ensure children have a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

The Teaching of PSHE

Content

As a school, we follow the PSHE association scheme of work which includes the statutory guidance for Relationships, Health and Sex Education (RSHE). Staff have access to the PSHE Association scheme of work which is updated regularly with suggested online resources for use within lesson planning.

RSHE Rooted in the theology of Understanding Christianity

As a church school, Bickleigh Down C of E Primary School follows the Understanding Christianity materials for the teaching of Christianity (RE) across the school. The school has drawn on the 'Goodness and Mercy' materials produced by Katy Staples at Bristol Diocese to develop RSHE learning opportunities that are rooted in the theology of the key concepts found within Understanding Christianity framework.

All children will be given opportunities through clearly planned lessons to develop their understanding of the Christian view of relationships with other children, adults and a divine other using the windows, mirrors and doors approach.

Within the planned opportunities for PSHE in each year group, there will be key strands (highlighted in red) that link to the Goodness and Mercy documents. These lessons help the children to understand the Christian belief that God's people are 'Fearfully and wonderfully made' (Psalm 139:14) and that God's love is beyond any human love.

Implementation

The above units are based on the curriculum resource materials provided by the PSHE Association. Each unit comprises of a series of focus topics (eg R1, H4 etc). These will need to appear on teacher planning, but the objectives should be shared with children as an enquiry question. Each lesson should be taught in a weekly hour slot focusing on the enquiry questions. A range of approaches should be used when teaching these units such as debate, discussion, artwork, drama, writing and music so that the children are given the opportunity to express their views, ideas and thoughts in different ways.

Staff Development.

This takes place through staff meetings, INSET and planned CPD opportunities. The school subscribes to the PSHE Association which shares a range of helpful online planning tools and resources. The PSHE co-ordinators oversee the PSHE and RSHE provision throughout the school and feeds back any new information to the rest of the staff.

The Right to Withdrawal

Parents/carers may request that their child be withdrawn from the non-statutory sex education elements of RSHE. There is no right to withdraw from Relationships Education, Health Education or National Curriculum Science. Requests should be made in writing to the Headteacher.

The impact of our PSHE Curriculum

At Bickleigh Down C of E Primary we have designed our curriculum to enable our children to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking. The aim is that, in the future, children will enter the world fully equipped to manage social situations, take care of their own physical and mental health, manage conflict and know who to turn to for help. Our PSHE curriculum is firmly supported by our science and Religious Education curriculums as well as underpinning our school vision of 'spurring each other on with love' to enable all children in our care to be the best that they can be.