



*'Spurring each other on with love'*

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Headteacher: Mrs Tameka Hue Hamilton

14 May 2026

Dear Parents and Carers,

**Re: Sex and Relationships Education**

This term, Year 6 pupils will be taking part in Relationships and Sex Education (RSE) as part of the statutory National Curriculum.

The programme has been carefully planned to support children in developing a greater understanding of themselves, their relationships, and the physical and emotional changes that take place as they grow older. All content will be delivered in a sensitive, age-appropriate, and respectful manner.

The topics covered will include:

- Physical and emotional changes during puberty
- Friendships and healthy relationships
- Body image and self-esteem
- Committed relationships
- Sexual relationships, including contraception
- How babies are conceived and born

Lessons will provide pupils with the opportunity to ask questions in a safe and supportive environment, helping them to develop confidence, understanding, and respect for themselves and others.

Should you wish to view the school's Relationships and Sex Education Policy or the scheme of work in more detail, please contact the school office to arrange an appointment with either myself or Mrs Conday.

Thank you for your continued support.

Yours sincerely,

Mrs Tameka Hue Hamilton

**Headteacher**

