



'Spurring each other on with love'

Personal Social Health and Economic (PSHE) Policy 2026-2028

Policy / Version Date	Summary of change	Governor adoption Date	Signed by the Chair	Next Review Date
1	Written using statutory guidance.	Spring Term 2024		Spring Term 2026
2	Reviewed by Personal Development team.	23rd April 2026		Spring Term 2028



'Spurring each other on with love'

'even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you. For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well'.

(Psalm 139:14)

Rationale

Personal, Social, Health and Economic Education (PSHE) provides the overarching framework for pupils' personal development at our school. Relationships, Sex and Health Education (RSHE) forms a statutory part of PSHE and is addressed in detail within the school's RSHE Policy, which is written in line with the DfE RSHE statutory guidance (effective September 2026). Together, the PSHE and RSHE policies ensure a coherent, progressive and values-led approach to pupils' wellbeing, relationships and personal development, rooted in our Church of England vision and our core values of Goodness and Mercy.

As a school, we have decided to use an enquiry-based model for the teaching of PSHE. This approach builds on the success of our enquiry based RE curriculum and its spiral approach to learning.

Our PSHE curriculum is delivered through the 1decision scheme of work, which provides a clear, progressive framework from EYFS to Year 6. It supports pupils to develop the knowledge, skills and attributes they need to manage their lives now and in the future, including resilience, self-esteem, emotional literacy, risk management, decision-making, teamwork and critical thinking. Learning is organised across the key areas of health and wellbeing, relationships and living in the wider world, and meets the statutory requirements for Relationships and Health Education.

1decision provides a structured, age-appropriate sequence of learning in which key knowledge and skills are revisited and developed as pupils move through the school.

Lessons give pupils opportunities to discuss, reflect, explore realistic situations and consider the consequences of different choices. Teachers use questioning and discussion to encourage pupils to explain their thinking, consider different perspectives and practise making safe, informed and responsible decisions. The scheme is used as the core framework and is adapted, where appropriate, to reflect the needs of pupils and the context of our school.

School Mission Statement

At Bickleigh Down C of E Primary School we aim to provide pupils with a safe, caring environment where every pupil is spurred on to reach their full potential in all aspects of school life.

We work hard to develop every pupil's confidence so that they become self-motivated, keen, articulate and caring young people.

The children are central to our community, and we strive to give them the academic and life skills needed to flourish and 'live life in all its fullness' (John 10:10). To do this, we work

closely with parents and value their opinions and support in nurturing the next generation of young pupils.

Our PSHE curriculum, delivered through 1decision and shaped by our Christian vision, is designed to spur children on with love as they develop an understanding of themselves, others and the choices they make. In keeping with the Church of England vision for education, we want pupils to experience 'life in all its fullness' (John 10:10). Through PSHE, pupils learn to recognise their own worth and the dignity of others, to make responsible choices and to understand how their actions affect those around them. Meaningful links are made to Goodness and Mercy: goodness through responsible choices, honesty, fairness and contributing positively to the community; and mercy through empathy, forgiveness, understanding difference and responding compassionately to others. These links support our school vision of 'spurring each other on with love and good deeds' (Hebrews 10:24).

Church of England - Vision for Education
Vision Statement - 'Life in all its fullness' - John 10:10
Core Christian Values - Wisdom, Hope, Community
School Vision
And let us consider how we may spur one another on toward love and good deeds. Hebrews 10:24
Christian Values
Love, Forgiveness, Hope, Spirit and Aspiration.

Strapline: 'Spurring each other on with love'.

Policy Aims

Through the provision of PSHE at our school, we aim to:

- Provide a secure and caring environment within the school.
- Ensure every member of the whole school community shall have equality of opportunity, regardless of background, gender, ability, ethnicity, age, religion and disability.
- To foster children's development as individuals and to promote a positive sense of the self.
- Promote good relationships with others and an understanding of differences between people and their viewpoints.
- Provide opportunities to share and explore life experiences/emotions/difficulties.
- Equip pupils with the skills and attitudes to engage successfully and take responsibility for their learning.
- Encourage reflection about beliefs, choices and values.
- Ensure the Fundamental British Values are fully embedded, and children have a firm understanding of how and why these have a place in modern Britain.
- Promote a healthy and safe lifestyle.

- Provide opportunities, responsibilities and experiences that will prepare pupils for their adult life.
- Equip pupils with knowledge about the world in which we live; ensure children have a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

The Teaching of PSHE

Content

Bickleigh Down C of E Primary School uses the 1decision scheme of work as the core framework for PSHE from EYFS to Year Six. The scheme provides a progressive sequence of age-appropriate learning and resources to support consistent coverage across the school. Teachers use the relevant year-group materials and adapt teaching where necessary to meet pupils' developmental needs, including the needs of pupils with SEND, while maintaining the intended learning outcomes. PSHE is taught alongside, and coherently with, the school's RSHE Policy, the National Curriculum for Science, safeguarding procedures and other relevant curriculum areas. Provision is reviewed regularly to ensure that it remains inclusive, appropriate and aligned with statutory requirements and the school's Christian vision.

RSHE Rooted in the theology of Understanding Christianity

As a church school, Bickleigh Down C of E Primary School follows the Understanding Christianity materials for the teaching of Christianity (RE) across the school. The school also draws on the 'Goodness and Mercy' materials produced by Katy Staples at Bristol Diocese to develop meaningful links between Christian theology, relationships and personal development. These links complement the 1decision PSHE programme and enable pupils to explore themes such as dignity, human worth, responsibility, forgiveness, compassion and community through the windows, mirrors and doors approach.

Through clearly planned learning, pupils are given opportunities to consider relationships with other children and adults and, where appropriate, with God. Using the windows, mirrors and doors approach, pupils encounter Christian beliefs and perspectives, reflect on their own experiences and consider how their learning may influence their choices and actions.

Within the planned 1decision learning for each year group, teachers identify appropriate links to the school's Goodness and Mercy materials. These links are made where they are educationally meaningful rather than being added generically to every lesson. They support pupils to understand the Christian belief that all people have worth and are 'fearfully and wonderfully made' (Psalm 139:14), and to explore how goodness and mercy can be expressed through everyday decisions, relationships and care for others.

Implementation

The 1decision programme provides the planned sequence and resources for PSHE from EYFS to Year Six. Teachers identify the relevant 1decision unit and lesson within their planning and make the intended learning clear to pupils. PSHE is normally taught in a regular timetabled session, with flexibility to respond appropriately to school priorities, current issues or pupils' needs. A range of teaching approaches are used, including discussion, scenario-based decision-making, paired and group work, role-play, drama, reflection, drawing and writing. Staff establish a safe and inclusive learning environment in which

pupils can contribute without pressure to disclose personal experiences, listen respectfully to others, consider different viewpoints and practise applying their learning to real-life situations. Teaching is adapted to ensure access for all pupils, including pupils with SEND, and sensitive questions or disclosures are managed in line with the RSHE Policy and safeguarding procedures.

Staff Development.

Staff development supports confident, consistent and safe delivery of the 1decision programme and the wider PSHE/RSHE curriculum. The PSHE/RSHE lead supports staff in accessing and using the 1decision platform, locating year-group units and resources, understanding curriculum progression and adapting learning appropriately for pupils' needs. Training and updates are provided through staff meetings, INSET and planned CPD opportunities, with further guidance shared when statutory requirements, resources or school priorities change. Staff are expected to follow the PSHE and RSHE policies, safeguarding and child-protection procedures, including agreed approaches to sensitive questions and disclosures. The PSHE/RSHE lead oversees provision across the school, monitors coverage and progression, gathers feedback from staff and pupils, supports colleagues with planning and resources, and shares relevant developments with staff and senior leaders.

The Right to Withdrawal

Parents/carers may request that their child be withdrawn from the non-statutory sex education elements of RSHE. There is no right to withdraw from Relationships Education, Health Education or National Curriculum Science. Requests should be made in writing to the Headteacher.

The impact of our PSHE Curriculum

At Bickleigh Down C of E Primary we have designed our curriculum to enable our children to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking. The aim is that, in the future, children will enter the world fully equipped to manage social situations, take care of their own physical and mental health, manage conflict and know who to turn to for help. Our PSHE curriculum is firmly supported by our science and Religious Education curriculums as well as underpinning our school vision of 'spurring each other on with love' to enable all children in our care to be the best that they can be.