

YEAR 4 - PSHE/RSHE - CLASS PLAN

AUTUMN	KEEPING/STAYING SAFE UNIT	BEING RESPONSIBLE UNIT	FEELINGS AND EMOTIONS UNIT
	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS
	What I Know Now Cycle Safety	What I Know Now Coming Home on Time	What I Know Now Jealousy
	OPTIONAL RESOURCES Cycle Safety Extension Personal safety - Simply RSHE	OPTIONAL RESOURCES Coming Home on Time Extension Respectful, kind relationships - Simply RSHE	OPTIONAL RESOURCES Jealousy Extension General wellbeing - Simply RSHE
SPRING	KEEPING/STAYING HEALTHY UNIT	GROWING AND CHANGING UNIT	COMPUTER SAFETY UNIT
	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS
	What I Know Now Healthy Living	What I Know Now Relationships	What I Know Now Online Bullying
	OPTIONAL RESOURCES Healthy Living Extension Healthy eating - Simply RSHE	OPTIONAL RESOURCES Relationships Extension Being safe - Simply RSHE	OPTIONAL RESOURCES Online Bullying Extension Wellbeing online - Simply RSHE
SUMMER	A WORLD WITHOUT JUDGEMENT UNIT	THE WORKING WORLD UNIT	FIRST AID UNIT
	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS
	What I Know Now Breaking Down Barriers	What I Know Now Chores at Home	What I Know Now First Aid Year 4
	OPTIONAL RESOURCES Breaking Down Barriers Extension Respectful, kind relationships - Simply RSHE	OPTIONAL RESOURCES Chores at Home Extension General wellbeing - Simply RSHE	OPTIONAL RESOURCES First Aid Year 4 Extension Basic first aid - Simply RSHE