

# Bickleigh Down CofE Primary School

## PSHE Curriculum



*Spurring each other on with love*

### Intent

PSHE education is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work. Well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.

Our **Programme of Study for PSHE (which is taken from the PSHE Association resources)** aims to develop skills and attributes such as resilience, self-esteem, risk-management, team-working and critical thinking in the context of three core themes: health and wellbeing, relationships and living in the wider world (including economic wellbeing and aspects of careers education).

As a school, we have decided to use an enquiry based model for the teaching of PSHE. Each week the children will focus their learning on a big question that will help them to delve deeper into the topic that they are studying. This approach builds on the success of our enquiry based RE curriculum and its spiral approach to learning.

### Implementation

These units are based on the curriculum resource materials provided by the PSHE Association. Each unit comprises of a series of focus topics (eg R1, H4 etc) these will need to appear on teacher planning but the objectives should be shared with children as an enquiry question. Each lesson should be taught in a weekly hour slot focusing on the enquiry questions. A range of approaches should be used when teaching these units such as debate, discussion, artwork, drama, writing and music so that the children are given the opportunity to express their views, ideas and thoughts in different ways.

PRIMARY PSHE EDUCATION: LONG-TERM OVERVIEW – QUESTION-BASED MODEL

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

