



Safety in the Sun Policy

2025-2027

Reviewed Biennially

POLICY HISTORY (starting with the new cycle started in 2011)

Policy / Version Date	Summary of change	Governor adoption Date	Signed by the Chair	Next Review Date
1	Reviewed from old policy by BW	Autumn 2011		Autumn 2013
2		Autumn 2013		Spring 2015
3	Reviewed from previous policy by KC using Cancer research policy guidelines.	Spring 2015		Spring 2017
4	Reviewed by KC using the Cancer Research Model Policy	9 th March 2017		Spring 2019
5	Reviewed by KC using NHS guidance	21 st March 2019		Spring 2021
6	Reviewed by KC – amendment made to add carers.	18 th March 2021		Spring 2023
7	Reviewed by KC – additions made to reflect model policy.	23 rd May 2023		Spring 2025
8	Reviewed from previous policy by KC using Cancer research policy guidelines.	20 th March 2025		Spring 2027

At Bickleigh Down CE Primary School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely.

Rationale

It is important that we are aware of the dangers of the sun in order that we can try to prevent undue exposure to UV rays. We aim to keep children safe at all times and the following guidance details our aims with regards to protection from the sun.

Aims:

At Bickleigh Down CE (Aided) Primary School, we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils, parents and carers to achieve this through:

Education- these measures are in place:

- We will talk about sun safety in worship and lessons at the start of the summer term and before the summer break.
- Parents will be sent a letter explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.

Protection– this is an ongoing process.

Shade:

- When the sun is strong, we will encourage pupils to sit/play in the shade where it is available.
- We will review the length of time that children play outdoors at lunchtimes when the sun is strong.

Timetabling:

- In the summer months, we will consider timings for outside activities, school trips and PE lessons. When the sun is strong, we will consider timing activities to before 11am and after 3pm if appropriate. If this is unavoidable, we will ensure hats, clothing and sunscreen are all worn to prevent sunburn.

Sunscreen:

- Sunscreen use will be encouraged on days when the sun is strong during summer at lunch breaks, during PE lessons and on school trips.
- We will send letters or texts home reminding parents and carers to apply sunscreen to their children before school and for pupils to bring additional sunscreen on days when the sun is strong during the summer months.

Guidance

It is widely recognised that covering up or keeping out of the sun is a far more effective way of reducing the danger of sun burn than merely applying sun creams. We actively encourage children to cover up or find a shady place to sit. During extremely hot, sunny weather it may be decided to keep the children in school rather than send them out to play or for PE lessons. Weather reports will be used to determine whether events such as sports day or external visits will go ahead.

- **DO** send your child with a sun hat – caps alone are not enough to keep the sun off necks or ears, and we would therefore recommend a legionnaire's cap or wide brimmed hat.
- **DO** apply a 'one day long protection' sun cream (of which there are several on the market) to your children before they leave home in the morning.
- **DO** teach your child to apply sun cream to exposed areas of skin.

- **DO** provide your child with a labelled bottle of sunscreen (minimum SPF 30 to protect against UVB and at least four-star UVA protection) which your child can apply themselves. ***Please check that the sunscreen is not past its expiry date.***
- **DO** provide your child with a long sleeved, loose cotton blouse/shirt to put on at playtimes.
- **DO** provide your child with water to drink during the day (water is always available in school for any child that doesn't bring any).
- **DO** send your child with sunglasses with wraparound lenses or wide arms with the CE Mark and European Standard EN 1836:2005. ***Children will not be permitted to wear sunglasses without this mark.***

Staff **must not**, under any circumstances, apply sun cream to a child.

Staff should supervise children applying sun cream.

Children **will not** be allowed to share sun cream.

Heatstroke symptoms to look out for include:

Cramp in arms, legs or stomach; feeling of mild confusion or weakness.

If anyone has these symptoms, parents will be called and advised that the child should rest for several hours, keep cool and drink water or fruit juice.

If symptoms get worse or do not go away, medical advice should be sought. NHS Direct is available on 111.

This guidance will be reviewed biennially.