

Bickleigh Down CofE Primary School

PSHE Policy



'Spurring each other on with love'

'even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you. For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well'.

(Psalm 139:14)

Rationale

PSHE education is a subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work. Well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.

Our Programme of Study for PSHE (which is taken from the PSHE Association resources) aims to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking in the context of three core themes: health and wellbeing, relationships and living in the wider world (including economic wellbeing and aspects of careers education).

As a school, we have decided to use an enquiry-based model for the teaching of PSHE which incorporates the new Relationships, Health and Sex Education (RSHE) units. Each week, the children will focus their learning on a big question that will help them to delve deeper into the topic that they are studying. This approach builds on the success of our enquiry based RE curriculum and its spiral approach to learning.

School Aims and Mission Statement

At Bickleigh Down C of E Primary School we aim to provide pupils with a safe, caring environment where every pupil is spurred on to reach their full potential in all aspects of school life.

We work hard to develop every pupil's confidence so that they become self-motivated, keen, articulate and caring young people.

The children are central to our community and we strive to give them the academic and life skills needed to flourish and 'live life in all its fullness' (John 10:10). To do this, we work

closely with parents and value their opinions and support in nurturing the next generation of young pupils.

<p style="text-align: center;">Church of England - Vision for Education</p> <p style="text-align: center;">Vision Statement - 'Life in all its fullness' - John 10:10</p> <p style="text-align: center;">Core Christian Values - Wisdom, Hope, Community and Dignity</p>
<p style="text-align: center;">School Vision</p> <p style="text-align: center;">And let us consider how we may spur one another on toward love and good deeds. Hebrews 10:24</p>
<p style="text-align: center;">Christian Values</p> <p style="text-align: center;">Love, Forgiveness, Hope, Spirit and Aspiration.</p>

Strapline: 'Spurring each other on with love'.

Policy Aims

Through the provision of PSHE at our school, we aim to:

- Provide a secure and caring environment within the school.
- Ensure every member of the whole school community shall have equality of opportunity, regardless of background, gender, ability, ethnicity, age, religion and disability.
- To foster children's development as individuals and to promote a positive sense of the self.
- Promote good relationships with others and an understanding of differences between people and their viewpoints.
- Provide opportunities to share and explore life experiences/emotions/difficulties.
- Equip pupils with the skills and attitudes to engage successfully and take responsibility for their learning.
- Encourage reflection about beliefs, choices and values.
- Ensure the Fundamental British Values are fully embedded, and children have a firm understanding of how and why these have a place in modern Britain.
- Promote a healthy and safe lifestyle.

- Provide opportunities, responsibilities and experiences that will prepare pupils for their adult life.
- Equip pupils with knowledge about the world in which we live; ensure children have a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

The Teaching of PSHE

Content

The school's progression map for the teaching of PSHE can be found below. As a school, we follow the PSHE association scheme of work which includes the statutory guidance for Relationships, Health and Sex Education (RSHE). Staff have further access to the PSHE Association scheme of work which is updated regularly with suggested online resources for use within lesson planning.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

RSHE Rooted in the theology of Understanding Christianity

As a church school, Bickleigh Down C of E Primary School follows the Understanding Christianity materials for the teaching of Christianity (RE) across the school. The school has drawn on the 'Goodness and Mercy' materials produced by Katy Staples at Bristol Diocese to develop RSHE learning opportunities that are rooted in the theology of the key concepts found within Understanding Christianity framework.

All children will be given opportunities through clearly planned lessons to develop their understanding of the Christian view of relationships with other children, adults and a divine other using the windows, mirrors and doors approach.

Within the planned opportunities for PSHE in each year group, there will be key strands (highlighted in red) that link to the Goodness and Mercy documents. These lessons help the children to understand the Christian belief that God's people are 'Fearfully and wonderfully made' (Psalm 139:14) and that God's love is beyond any human love.

Implementation

The above units are based on the curriculum resource materials provided by the PSHE Association. Each unit comprises of a series of focus topics (eg R1, H4 etc). These will need to appear on teacher planning, but the objectives should be shared with children as an enquiry question. Each lesson should be taught in a weekly hour slot focusing on the enquiry questions. A range of approaches should be used when teaching these units such as debate, discussion, artwork, drama, writing and music so that the children are given the opportunity to express their views, ideas and thoughts in different ways.

Staff Development.

This takes place through staff meetings, INSET and planned CPD opportunities. The school is part of the Plymouth Teaching School Alliance (PTSA) and attends hub meetings, the content of which is shared with the staff team within staff meetings. The school subscribes to the PSHE Association which shares a range of helpful online planning tools and resources. The PSHE co-ordinators oversee the PSHE and RSHE provision throughout the school and feeds back any new information to the rest of the staff.

The Right to Withdrawal

Parents/carers are able to withdraw pupils from RSHE element of the school's PSHE curriculum. Parents/carers wishing to do this may make a request, in writing, to the Headteacher, that their child be withdrawn from RSHE part of the curriculum.

The impact of our PSHE Curriculum

At Bickleigh Down C of E Primary we have designed our curriculum to enable our children to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking. The aim is that, in the future, children will enter the world fully equipped to manage social situations, take care of their own physical and mental health, manage conflict and know who to turn to for help. Our PSHE curriculum is firmly supported by our science and Religious Education curriculums as well as underpinning our school vision of 'spurring each other on with love' to enable all children in our care to be the best that they can be.

Approved by Governors at the Teaching and Learning Committee Meeting

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Date

